

Recreation and Wellness Program

November 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	 4 1:30 p.m. Bingo	5 10:30 a.m. Cambridge Breakfast	6 1:30 p.m. Help us get ready for our Holiday Party	7 11:00 a.m. Music Therapy 1:00 p.m. Games Afternoon	8
9	10 11:00 a.m. Calendar Meeting 1:30 p.m. Outdoor Walk - Kitchener	Remembrance Day  11  1:00 p.m. Talent Show	12 10:30 a.m. Pancake Drop In 2:00 p.m. Waterloo Indoor Walk	13	14 1:00 p.m. Craft Afternoon	15 
16	17 11:00 a.m. Resident Planning Council Meeting 1:30 p.m. Outdoor Walk - Kitchener	18 12:00 p.m. Guelph Billiard and Pizza	19 10:00 a.m. Indoor Walk - Kitchener 11:00 a.m. Indoor Social - Kitchener	20 1:30 p.m. Make an Ornament and Decorate the Tree	21 11:00 a.m. Music Therapy 3:00 p.m. St Jacob's Sparkle	22
23	24 1:30 p.m. Outdoor Walk - Kitchener	25 1:30 p.m. Cambridge Ceramics	26 2:00 p.m. Waterloo Indoor Walk	27 1:30 p.m. Kitchener Ceramics	28 11:00 a.m. Music Therapy 1:00 p.m.  Movie Afternoon	29

Please contact your worker or Tammy, at tbaker@thresholdssupports.ca
or 519-742-3191 ext 1252, to join in the fun!