

Recreation and Wellness Program

AUGUST 2026

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Civic Holiday Office Closed	4 10:30 a.m. Kitchener Garden Group Kitchener Cineplex Outing	5 10:30 a.m. Cambridge Breakfast 2:00 p.m. Waterloo Rec Walk	6 12:00 p.m. Doon Pioneer Village	7 1:00 p.m. Games Afternoon	8
9	10 11:00 a.m. Calendar Meeting 1:30 p.m. Victoria Park Walk	11 10:00 a.m. Cambridge Lawn Bowling 10:30 a.m. Kitchener Garden Group	12	13 11:00 a.m. Food Skills	14 1:00 p.m. Craft Afternoon	15 
16 	17 11:00 a.m. Thresholds Client Council Meeting 1:30 p.m. Victoria Park Walk	18 10:30 a.m. Kitchener Garden Group Cambridge Cineplex Outing	19 10:00 a.m. Fairview Mall Walk 11:00 a.m. Fairview Mall Social	20 Guelph Cineplex Outing	21 1:00 p.m. Summerfest	22
23	24 1:30 p.m. Victoria Park Walk	25 10:30 a.m. Kitchener Garden Group 1:00 p.m. Cambridge Mini Golf	26 10:30 a.m. Pancake Drop In 2:00 p.m. Waterloo Rec Walk	27 11:00 a.m. Food Skills	28  1:00 p.m. Movie Afternoon	29

Please contact your worker or Tammy, at tbaker@thresholdssupports.ca
or 519-742-3191 ext 1252, to join in the fun!